

WE PLAY Administrator Support Observation Checklist: Unstructured Active Play

The purpose of this checklist is to assist early education and care supervisors to provide constructive feedback to teachers about their facilitation of active play time. The national recommendation is 2 hours of PA/day (both in and out of child care) with 60 min of structured and 60 min of unstructured time. Completion of this checklist involves an observation of unstructured active play time. We recommend that supervisors review the completed checklist with teachers to discuss what is going well and areas for improvement.

Teacher Name: _____ **Supervisor Name:** _____ **Date:** _____

Teacher Goal: Please write the teacher's two classroom goals to help students be more physically active.

1.

2.

Observing Unstructured Physically Active Play

These items are completed after observing the teacher lead unstructured active play time.

Description of unstructured play: _____

1. Teacher provides equipment/toys that promote PA.

Yes No

Comments:

2. Teacher comments on children's play, narrating their actions as a sportscaster.

Yes No

Comments:

3. Teacher moves throughout the play space.

Yes No

Comments:

4. Teacher monitors safety.

Yes No

Comments:

5. Teacher joins in play as a collaborator, allowing children to take the lead.

Yes No

Comments:

