



WHERE SUCCESSFUL ADVENTURES BEGIN

1266 W. San Carlos (at Race St.) • San Jose • 408-287-5994

www.melcottons.com

## Winter Camping Checklist

### Camping Equipment

- Food
- Camp Stove/ Fuel
- Cookwear
- Eating Utensils
- Plastic Trash Bag
- Waterproof Matches
- Tent
- Ground Cloth
- Snow Stakes
- Sleeping Bag
- Air Mattress/ Pad
- Snow Shovel
- Lantern/ Extra
- Mantels
- Scrub Brush/ Sponge
- Dish Soap

### Personal Necessities

- Water Bottles
- Map of Area
- Compass
- Flashlight/ Extra
- Batteries
- 3mm Climbing Rope

### Clothing

- Change of Underwear
- Wool or Fleece Cap
- Waterproof Jacket
- Wool or Fleece
- Insulating Jacket
- Waterproof Pants
- Fleece Pants
- Thermal Underwear
- Insulated Boots
- Waterproof Gloves
- 3 Pairs of Wool Socks
- Balaclava

### Medical

- First Aid Kit
- Lip Balm
- Sunscreen
- Emergency Food
- Personal Medication
- Contact Lens Solution

### Permits & Ids

- Camping Permits
- Fishing/ Hunting
- Licenses
- Personal Id

### Optional

- Tent Repair Kit
- Camera/ Film
- Large Ziploc Bags
- Needle/ Thread/ Button
- Hand Warmers
- Ski or Snowshoe
- Equipment (50 Feet)
- All Purpose Knife
- Sunglasses/ Goggles
- Whistle
- Water Purification
- Tablets

### Toiletries

- Toothbrush
- Biodegradable Soap
- Wash Cloth
- Toilet Paper

### Important Tips:

•Make out a trip plan and leave it with a responsible person before you go. That way, if you don't come back on time, they can report you missing. A second copy should be given to the head ranger if there is a check-in station where you are going.

•Camping in cold weather and at high altitudes is much more stressful on your body than normal camping. You should prepare for your trip by exercising regularly.

•You will need at least 4 quarts of water per person each day, but you don't need to carry that much with you. Plan on taking 2 quarts per person and melt the snow for the rest. This will eat up fuel so make sure you plan on bringing extra fuel.