Food Record Chart *for Care Homes*



Name: Diet: Care Home: Ward: Date of Birth: Date:						
Date of Birth: Date:						
	Date:					
	Amount Taken					
Circle as appropriate None 1/4 1/2	2 3/4	ALL				
Breakfast Fruit Juice						
Porridge Breakfast Cereal						
Wholemeal Bread/Roll White Bread/Roll						
Butter / Margarine Jam / Marmalade						
Tea Coffee						
Other fluids / food:						
	·	•				
Mid Morning Tea Coffee						
Hot Chocolate Milk						
Biscuit / Cake Scone / Pancake						
Butter / Margarine Jam / Marmalade						
Supplement: Other:						
	•					
Lunch Soup: type:						
Mash Potato Jacket Chips Roast						
Meat Fish Chicken Other:						
Vegetables Salad						
Wholemeal Bread White Bread						
Butter Margarine						
Sandwiches						
Pudding: Cheese and Crackers						
Other:						
Fluids:						

Food Record Chart for Care Homes (Continued)



Name:					Diet:						
Care Home:				Ward:							
Date of Birth:			Date:	Date:							
Meal / Snack	Foods / Drinks Circle as appropriate					Amount Taken					
						None	1/4	1/2	3/4	ALL	
Afternoon Snack	Tea		Coffee								
	Hot Chocolate		Milk								
	Biscuit / Cake		Scone / Pancake								
	Butter / Margarine		Jam / Marmalade								
	Supplement:		Other:								
Tea	Soup: type:										
	Mash Potato	Jacket	Chips	Roast							
	Meat	Fish	Chicken	Other:							
	Vegetables		Salad								
	Wholemeal Bread		White Bread								
	Butter		Margarine								
	Sandwiches										
	Pudding:		Cheese and Crackers								
	Other:										
	Fluids:										
Bedtime / Supper	Tea		Coffee								
	Hot Chocolate		Milk								
	Biscuit / Cake		Scone / Pancake								
	Butter / Margarine		Jam / Marmalade								
	Porridge / Cereal		Pudding								
	Supplement:		Other:								