

Life GAP analysis

A simple template for great results

Make the analysis and create the difference

You can do it

First things first, and first things is to know where you stand, and to know where you should stand. In between is a GAP, what is the gap about, and what different behaviors are there in between. What do you need to do . Do you know ?

If not, use the analysis tool to find out what is in between the two levels.

A photograph of a lit candle in a lantern. The candle is glowing with a warm orange light, and the lantern is dark. The background is a blurred, dark blue-grey color, suggesting an outdoor setting at dusk or night. The text "Change is first step" is overlaid in a white, serif font across the middle of the image.

Change is first step

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Source to Download GAP Analysis Templates: <http://www.coachingandlife.com/gap-analysis>

Step 1

The first step is to find out, what it is that you would like to be different. What are you thinking, how do you think about it? How do you want to think about it?

Step 2

Use the tool to engage, start working for the change you seek. There is only one, who can make the change. That is, you.

Start right now

Step 3

During your usage of the analysis, you may have questions to ask, and know that there is a FORUM within CAL where you talk about the Gaps in life, once you like to change, you will have many questions and you will seek answers. In CAL you will find help in this phase of **your doing**.

Step 4

Work for change, work to create the results you are seeking, do it because it matters to you, and because most important of all. You are the only one who can change your life to what you want it to be.

Follow up, and use the forums in CAL for all your questions, see the stories of other. Knowledge and know-how is all the difference in the world

Life GAP analysis

	I know today Where am I What do I do	Scale from 1-10, how far away am I from where I want to be	Input , what can I do	Outcome Where do I want to go
What Changed				
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