

# Diabetes Control Chart

Excellent

Good

Poor

HbA<sub>1c</sub>  
test Score

4.0

5.0

6.0

7.0

8.0

9.0

10.0

11.0

12.0

13.0

14.0

MEAN BLOOD  
mg/dL

50

80

115

150

180

215

250

280

315

350

380

GLUCOSE  
mmol/L

2.6

4.7

6.3

8.2

10.0

11.9

13.7

15.6

17.4

19.3

21.1

