**Title:** Prepare for Zombies!

**General Purpose:** To inform.

**Specific Purpose:** To inform the class on how to prepare for zombies.

**Thematic Statement:** I will inform the class how to prepare for zombies, including essential supplies, weapons, and survival tactics.

1. **Introduction**
2. **Attention:** When the zombies come will you survive?
3. **Audience connect/credibility:** I am here to express a very real threat to our lives, zombies.
4. **Thematic Statement:** Today I will inform you how to prepare for zombies, including essential supplies, weapons and survival tactics.
5. **Body**
6. **Main Point:** The correct supplies can be crucial to your survival.
7. **Support material:** First you should have at least 1 gallon of water per person for at least 3 days.
8. Water is essential to survival we can survive longer without food than we can without water.
9. You can also purchase water purification tablets at any store with a camping section.
10. **Support material:** You should also stockpile at least 3 days’ worth of nonperishable food items, such as canned goods and dehydrated meals, per person.
11. Peanut butter, canned tuna, and other things that will last you and provide you with the essential nutrients to keep you healthy, you don’t want to get sick while fighting off zombies. (add in notes)
12. Remember to keep a can opener with your supplies and a multi-tool or Swiss army knife.
13. **Support material:** A first aid kit is essential when you are trying to keep your life, always carry with you a well-stocked first aid kit.
14. If you are on prescription medications try to keep a few months of extra medications in your emergency bag.
15. If you wear contact lenses also keep replacement lenses and a pair of emergency glasses with you.

**(Transition/signpost)** Now that you are prepared to bunker in place you can get prepared to fight back.

1. **Main Point:** Loud weapons aren’t the answer when it comes to zombies you need something silent but deadly.
2. **Support material:** The ideal weapon would be a blunt instrument that can destroy the brain.
   1. Zombies react to noise and light, if you are fighting off one intruder and fire your weapon it can trigger 50+ more undead visitors to start heading in your direction.
   2. Examples of these are baseball bats, golf clubs, a crowbar, and more.
3. **Support material:** Guns should be kept with you as well for use in an emergency situation, but use them with discretion.
4. According to Guns & Ammo magazine the AR-15 is a great choice among 7 others that they chose as the best for the zombie apocalypse.
5. Be sure to also stockpile the proper ammo for your guns so that you aren’t in possession of a scary looking paper weight.
6. **Support material:** Knives are a much better option to fight the undead for many reasons.
7. Knives are silent and does not need to be reload which is a plus in the environment we will all be faced with.
8. It is also smart to use things you may keep at your home as weapons such as an axe, shovel, and sword if you have it!

**(Transition/signpost)** It is not a great idea to be out and about while the undead roam the streets, so you should prepare your home to be as tightly sealed as possible.

1. **Main Point:** Your first line of defense will be the walls of your home; whether it is an apartment or a house, for the purpose of this speech we will reference a house.
2. **Support material:** You want to board up all of your windows with plywood on the inside, over the plywood be sure to board it up with 2x4’s.
   1. You want absolutely no light to show from the inside of the house so as not to alert anyone that you are even there, some people will attempt to steal your supplies if they know you are there.
   2. Do not underestimate zombies and make sure to board up any small windows for basements, etc.
3. **Support material:** You should try to stay in place until the military has taken care of the situation, keeping track of the situation on your handheld radio while trying to stay as silent as possible.
   1. Children are very loud and I know it is impractical to keep them completely silent so try to keep them in the innermost room of the house with hopes that the sounds won’t travel outdoors.
   2. It is a good idea to pack decks of cards, and other quiet activities to pass the time until someone rescues you or you have to fight for your survival.
4. **Support material:** If you live in the heart of a big city as many of us do, we may not be able to stay in one place for long due to the larger numbers of infected people.
   1. If you must leave your home try to travel by foot due to the noise of motorized vehicles and the shortage of gasoline available.
   2. Only travel during the day and in small groups, finish your day with the sun.
5. **Conclusion:**  To sum it up, I have informed you of the basic supplies needed to prepare for the zombies arrival, the weapons that you should probably keep around you to protect yourselves and your families and a few survival tactics to keep you alive and not bitten.

**References**

Khan, A.S. (2011). Social media: Preparedness 101: Zombie apocalypse retrieved February 20, 2012 from <http://www.bt.cdc.gov/socialmedia/zombies_blog.asp>

Sweeney, P. (2011). 8 Best guns for the Zombie Apocalypse retrieved February 20, 2012 from <http://www.gunsandammo.com/2011/11/15/the-8-best-guns-for-zombie-killing/>