**UNIVERSAL MEDICATION FORM**

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Name** | | | **Date of Birth** | **Sex (circle one)** | | **Height** | **Weight** |
|  | | |  | **Male** **Female** | |  |  |
| **Address** | | | **Phone Number(s)** | | **Emergency Contact** | | |
|  | | | Home: | | Name: | | |
| Work: | | Relation: | | |
| Mobile: | | Phone: | | |
| **Allergies (please describe reaction)** | | | | | | | |
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| **Doctor / Dentist / Other Prescriber’s Name** | | | **Phone Number** | | **Type of Practitioner / Reason for Seeing** | | |
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|  | | |  | |  | | |
| **Pharmacy Name** | **Phone Number** | | **Street/City/State** | | | **Immunizations (Date of Last Dose)** | |
|  |  | |  | | | □ Tetanus: | |
|  |  | |  | | | □ Pneumonia Vaccine: | |
| **Additional Information / Comments** | | | | | | □ Flu Vaccine: | |
|  | | | | | | □ Hepatitis Vaccine: | |
| □ Other: | |

# LIST OF CURRENT MEDICATIONS:

**List all tablets, patches, drops, ointments, injections, etc. Include prescription, over-the-counter, herbal, vitamin, and diet supplement products. Also list any medicine you take only on occasion (like Viagra, albuterol, nitroglycerin).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Medication**  **(Brand and Generic Name)** | **Dose** | **How and How Often You Take the Medication** | **Reason for taking** | **Date Started** | **Prescriber** |
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# Continuation of List of Current Medications

**List all tablets, patches, drops, ointments, injections, etc. Include prescription, over-the-counter, herbal, vitamin, and diet supplement products. Also list any medicine you take only on occasion (like Viagra, albuterol, nitroglycerin).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Medication**  **(Brand and Generic Name)** | **Dose** | **How and How Often You Take the Medication** | **Reason for taking** | **Date Started** | **Prescriber** |
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**Universal Medication Form – Instructions for Use**

* **ALWAYS KEEP THIS FORM WITH YOU.** Keep it in your wallet. Give a copy to your emergency contact, another family member or friend. Take it with you when you pick up prescriptions.
* **Doctor/dentist office**. Take this form to ALL doctor visits, when you go for appointments, tests and ALL hospital visits.
* **Allergies**. List any reaction you have experienced from medicines that required you to stop taking that medicine such as allergies or bad side effects. Also include any allergy to dye, food, or insects, etc. Also write what happens to you if you are exposed to these things.
* **Doctor/dentist/nurse practitioner/other prescriber**. List their names and a phone number in case they need to be contacted about your medicines.
* **Pharmacy**. List their names, phone number, and location in case there are questions.
* **List of medicines**. Write the brand and generic name of each medicine, your dose, how often and how (by mouth, under your tongue, injection, etc) you take it. If you stop taking a certain medicine, draw a line through it and list the date you stopped taking it. If you need extra pages, remember to write your name on each one. List all tablets, patches, drops, ointments, injections, etc. Include prescription, over-the-counter, herbal, vitamin, and diet supplement products. Also list any medicine you take only on occasion or “as needed.” (like Motrin, Aleve, Tylenol, nitroglycerin).
* **Hospital visits**. Always ask your nurse, pharmacist or doctor to help you update your list when you leave the hospital. You need to know what medicines to take and what to stop taking. Bring the updated form to any and all follow up appointments at your doctor’s office or hospital.